Hair Assessment Cheat Sheet

Before You Touch the Bowl: How to Read the Hair Like a Pro

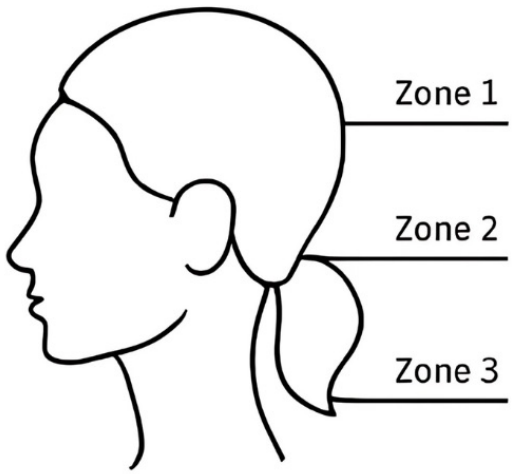
START WITH THIS: WHAT YOU'RE REALLY LOOKING AT

- **Porosity**— is the hair absorbing too much color or resisting it?
- **Previous Color History**– What's living underneath that toner?
- **Tone Present**—is it warm? Cool? Muddy? **Green**?
- **Level of Lift**— Where is the lightest, the darkest?
- **Texture & Integrity** –Will the hair hold up, or snap with bleach?

QUICK ASSESSMENT CHECKLIST

(Use this before every correction)

- ☐ Hair feels rough, normal, or slippery (porosity)
- ☐ Visibly processed or virgin hair?
- ☐ Banding or uneven lift present?
- ☐ Any unwanted tone (green, gray, red, yellow)?
- ☐ Density & thicknes (thin/fine, medium, coarse)



VISUAL ZONE BREAKDOWN

Zone 1 – Roots

Zone 2 – Mid-Lengths

Zone 3 – Ends

STYLIST PRO TIP

Don't rely on what the client says is on their hair —trust what you SEE and FEEL. Your eyes and fingers don't lie.